

PARENTAL GUIDE
12 BEST TIPS

1
Accept your child the way he/she is.

2
Understand his/her potentials and act accordingly.

3
Keep lines of communication open on all topics.

4
Discussing rather than lecturing.

5
Spend quality and quantity time.

6
Be a Good Listener.

7
Help him/her develop decision making skills.

8
Help him/her develop emotional balance.

9
Monitor if stress is affecting his/her health, behavior, thoughts or feelings.

10
Your attitude matters. Be calm and positive.

11
Teach him/her time management.

12
Encourage, praise & motivate as and when needed.